

WRPF SLOVAKIA

PROPOSITIONS

EVLS WRPF CUP 2018

A. General provisions

- Organizer:** WRPF Slovakia , EVLS Fitness s.r.o.
- Date:** **28.-29.9.2018**
- Venue:** PVA EXPO PRAGUE (Beranových 667, Prague 9 – Letňany)
- Nature of the competition:** International Cup in Benchpress and Deadlift
- Information:** Martina Malíková, email: Martina.blondynka@seznam.cz
Marian Kamenský, tel.: +421 908 214 010, email: wpcslovakia@gmail.com
- Applications:** Application available ONLINE at this link:
<https://tinurl.com/yabphfen>
You can register at the latest by **20.9.2018**
The application must include the name and surname of the competitor, sectional age and weight category.
- Starting fee:** Starting fee **60 €**, second start **+30 €**
Refund until **20.9.2018**, competitors from Russia can pay on site, penalty payment on the spot **+30 €**
Account number: IBAN: CZ51 0300 0000 0002 5194 2799
SWIFT/BIC: CEKOCZPP
Account holder: EVLS Fitness, s.r.o.
Bank address: ČSOB a.s. Radlická 333/150, 150 57 Praha 5
Make a note on the payment name of the competitor!

B. Technical provisions

- Rules:** Compete against the WRPF Powerlifting Rules and these propositions.
- Start:** Men and women of all age and weight categories without equipment /RAW/ who have paid starting fee.
- Weight categories:** /RAW/ men – 52, 56, 60, 67.5, 75, 82.5, 90, 100, 110, 125, 140, 140+
/RAW/ women – 44, 48, 52, 56, 60, 67.5, 75, 82.5, 90, 90+
- Age categories:** TEENS + JUNIORS, OPEN, MASTERS
- Start conditions:** In-time registration, paid starting fee and signed start-up form own responsibility.
- Protests:** Submit to the competition manager with a deposit of 50 €.

C. Staff officers

Competition Director:	Erik Susztay
Honory Competition Director:	Robert Speychal
Moderator:	Dagmar Liptáková
Health care provider:	
Loaders:	Praha
Technical support:	Luděk Kalenský
Recorder:	Martina Malíková
Appeal Commission:	Competition Director

D. Refereeing Board

1. International
2. International
3. International
4. National
5. National
6. National
7. National
8. National

E. Timetable

Presentation and weighing - weighing will be placed when registering EVLS participants:

Thursday 27.9.2018	17:00-19:00 all categories Deadlift
Friday 28.9.2018	08:00-10:00 all categories Deadlift 17:00-19:00 all categories Benchpress
Saturday 29.9.2018	08:00-10:00 all categories Benchpress

Competition:

Friday 28.9.2018	10:45 - 11:00 opening ceremony 11:00 start all categories Deadlift 17:00 declaration
Saturday 29.9.2018	11:00 start all categories Benchpress 17:00 declaration

The exact timetable of the competition by group, will be made and published after the presentation and weighing of the competitors.

F. Titles and prizes

Winner of the International Cup of Men and Women, Open, Teens+Juniors and Masters /RAW/ age and weight according to the WRPF Rules. Competitors placed in each of the weight categories on the 1st to 3rd place medals. All competitors will receive a diploma.

Absolute order of competitors /pointsú men, women – trophy and for men financial rewards in category OPEN RAW Benchpress: 1st place - 1200 USD, 2nd place - 700 USD, 3rd place - 500 USD, 4th place - 200 USD, 5th place -200 USD, 6th place -200 USD.

OPEN RAW Deadlift: 1st place - 1200 USD, 2nd place - 700 USD, 3rd place - 500 USD, 4th place - 200 USD, 5th place -200 USD, 6th place -200 USD.

G. Miscellaneous

Because the organizer can not insure competitors, every competitor is obliged to ensure their own insurance, which is the responsibility of the team leaders.

The WRPF World records can be entered in the competition.

During the weighing, each competitor signs a statement that he/she is at his/her own risk, without this statement being allowed to compete.

The International Cup is open to competitors for all federations, who meet the conditions of these propositions.

The declaration which will be at the end of the competition day, must be attended by all competitors in the sports clothes. The results of each category will be announced after the competition ends until 18:00 and the financial prize will be handed over at the main stage at 19:00. **In the starting fee, one competitor and his escort (1 person) can enter Friday program and the Expo, but only on the Expo without the main program on Saturday, but there is a possibility to buy the prize for the main program.**

H. Possibility of accommodation

Competitors provide accommodation individually.

Proposition processed by: Erik Susztay

Approved by: Ján Slovák
President of WRPF Slovakia